



## EDITOR'S MESSAGE

# One giant step forward

With the May/June 2012 issue of *Osteopathic Family Physician*, my tenure as your Editor-in-Chief comes to an end. I have enjoyed serving as your Editor. I remember when I was approached by Joel Kase, DO, my editorial predecessor, to join the Editorial committee. He worked so hard to transform the newsletter into a "full-fledged" journal. With his impressive leadership I joined the editorial team and continued to charge forward on a bold new adventure. The issue you hold today is a tribute to his vision and efforts. The ACOFP has made a significant commitment to the long term success of this journal. By appointing an Editor in Chief, and Associate Editor, hiring Belinda Bombei, the Managing Editor and, contracting with Elsevier, the world's largest medical publisher, the ACOFP made a bold and public commitment to advancing the journal.

As your Editor, I have learned a lot. It has been my pleasure to read widely diverse manuscripts each month. The breadth of my knowledge improved as a result. I was even more impressed by ALL of the THINGS that osteopathic family physicians do. We do original research and manage complex and chronic diseases; we are health and business legislatures and entrepreneurs. I am proud to count myself among this group of highly accomplished professionals who provide the best of what health care has to offer. I am honored to call each of you colleagues.

The journal has a very bright future. Merideth Norris, DO, FACOFP is an accomplished author who will further raise the bar as the journal's new Editor-in-Chief. She leads a dedicated group of osteopathic physicians who serve on the Editorial Board. They direct the issue themes and provide countless hours reviewing articles and planning future issues of the journal. Robert Pedowitz, DO, FACOFP, the Chair of the Editorial Committee, has made it his mission to ensure that we achieve Index Medicus status, a feat I am sure we will achieve. Pending final approval by the ACOFP Board, our next Associate Editor is Amy Keenum, DO, FACOFP.

I am truly grateful to Peter Schmeltzer, who leads a great team of staff at the ACOFP, and the ACOFP Executive

Committee, who believed that this journal had the potential to become great. Finally, I owe a world of thanks to Belinda Bombei, our Managing Editor, who does all of the behind the scenes work that makes our work so much easier.

In this issue we focus on sports medicine and orthopedics. Geraldine N. Urse, DO provides a paper on plantar fasciitis. She reviews the underlying anatomy and pathological processes that lead to this painful condition and provides an evidenced based review on current treatment options. Kevin E. D'Amato, DO, and Mark Rogers, DO provide a review on frozen shoulder. They review the clinical presentation, etiology, diagnostic considerations, and clinical course and treatment algorithms for people suffering with this condition.

This issue also has two interesting case reports. Crystal G. Rivell, DO, and Joshua S. Coren, DO present a case of a patient who had a "Jackstone" urinary calculi. Melanie Hardy, DO, and David J. Park, DO present a case of an atypical presentation of a Lisfranc fracture in an adult. They highlight the importance of having a high index of suspicion for this condition and its evaluation and management.

Also, the 2011 Burnett Namey Award winning paper is highlighted in this issue. Benjamin A. Cox, OMSIV, William T. Crow, DO, and Lyn Johnson, DO explore the nutritional aspects of chemoprevention of cervical dysplasia. In this database review they explore the effect that dietary micronutrients and macronutrients have on cervical care- a common but largely preventable form of cancer.

This issue has a patient handout on treating minor musculoskeletal strains and sprains. The Editors thank Peter Zajac, DO, FACOFP for his tireless efforts producing these handouts for each issue. We hope that they are useful in your daily practice.

Happy reading and learning!!

In gratitude,

Jay H. Shubrook, Jr., DO, FACOFP  
Editor-in-Chief, *OFPP*