



EDITOR'S MESSAGE

What Do Offensive Lineman, Police Officers, Pregnant Women & Soldiers Have in Common?

Ronald Januchowski, DO, FACOFP, Editor, *Osteopathic Family Physician*

Welcome to autumn!

As the cooler season comes upon us, this issue of OFP has some timely articles of interest. With the changing of seasons comes a return to the gridiron, and for those physicians participating, as sideline physicians for football, the article on concussions will be of value. Closed head injuries are in the medical literature as well as in the lay press and this article provides a good summary of this topic. It will be a good read as you ponder over the tackling rules changes while watching on Sundays. What do offensive linemen, police officers, pregnant women, and soldiers have in common? Read the article on meralgia paresthetica to answer that question. You may appreciate the osteopathic approach to this diagnosis and perhaps gain a better insight into additional diagnostic or treatment considerations for your patient with this condition. Staying on the musculoskeletal theme, there are two excellent review articles on joint pain, covering the usual to the obscure. I would be happy to hear feedback on whether this partial theming is worthwhile to our readers. As you enjoy the cooler temperatures of fall, be sure to watch out for mosquito bites, which leads to the final article in the issue. Zika virus, while not as prevalent in the mainstream media recently, is representative of an infectious disease with an insect vector.

Happy reading – and good luck trying to balance an egg on its end during the autumnal equinox on September 22nd! (It's claimed that a special property of the equinox allows eggs to be balanced on their ends that day.)