## EDITOR'S MESSAGE

## Resilient

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2020 is turning out to be quite a year. I hear of calls to press "CTRL-ALT-DEL" or "turn it off and turn it back" to see if it will fix the situation. I have seen and heard stories about physicians on the front line in hotspot areas placing their health at risk to care for those patients needing medical attention. Osteopathic physicians have met the challenges this year with incredible resiliency and an irrepressible spirit. Several articles in this issue speak to this hardy attitude in a variety of situations.

I have seen residents helping attendings adjust to virtual office visits and telehealth opportunities expand to meet the needs of patients. Medical training has quickly evolved and students have met the challenge of the virtual classroom.



In addition to participating in peaceful protests to increase the awareness of disparities in the United States, I am excited to see physicians running for political office in an attempt to influence policy at both the local and national levels. As the newly elected president of the South Carolina Osteopathic Medical Society, I am glad to report that our membership is at an all-time high, hopefully indicating the desire for osteopathic physicians to be a part of a broader community to do good. I look forward to working with these physicians to improve minds, bodies and spirits across our state.

Whatever the last half of 2020 holds, I am confident that the osteopathic spirit will continue to be resilient. I hope you can take time to recognize the challenges in front of us and find opportunities to grow into a better osteopathic family physician. Enjoy the issue!