



EDITOR'S MESSAGE

Come together

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Putting together an issue of the *Osteopathic Family Physician* takes a quite a few people working together in a concerted fashion. One of those people is the managing editor, Grace Johnson Adams, who has been with ACOFP but is a new addition to the journal staff. Welcome to her and to her first issue as managing editor!

This editor's message has a theme of "Come Together"—a song originally released in 1969 by the Beatles with multiple covers throughout the past 50 years by bands, such as Aerosmith, the Arctic Monkeys and Godsmack. I won't go too much into the lyrics of this song, but just knowing that it was unofficially commissioned by Timothy Leary as a theme song to his California gubernatorial campaign should help explain some of the "gobbledygook" (John Lennon's word, not mine) contained within. I am not entirely sure, but it seems that some of the lyrics border on medical conditions that might be seen on board examinations, such as joo joo eyeballs, toe jam football and monkey finger.

Coming together in public with families, friends and colleagues used to be a simple thing to do, but now is made a little more difficult with this past year's events. Looking forward to this fall, OMED 2021 in Arizona should be an excellent time to spend with fellow osteopathic physicians from around the country. Positive vibes sent to the universe to make this happen safely.

In this issue, we have brought together some very relevant and interesting topics for osteopathic primary care. An overview of the COVID-19 virus will provide you with more information about this disease. You can follow up by reading best-practice pneumonia treatments using osteopathic principles. The article on puberty should be able to help you come together with your adolescent patients to form an excellent diagnostic and treatment plan. Further helping with the collaborative patient process, the patient education handouts on insomnia and pneumonia should provide great information to share during or after a visit.

Please enjoy the issue and I hope to see you in Arizona for OMED 2021!